

### **Modern Day Grandparents**

Date: 23<sup>rd</sup> December 2020 – 4<sup>th</sup> January 2021

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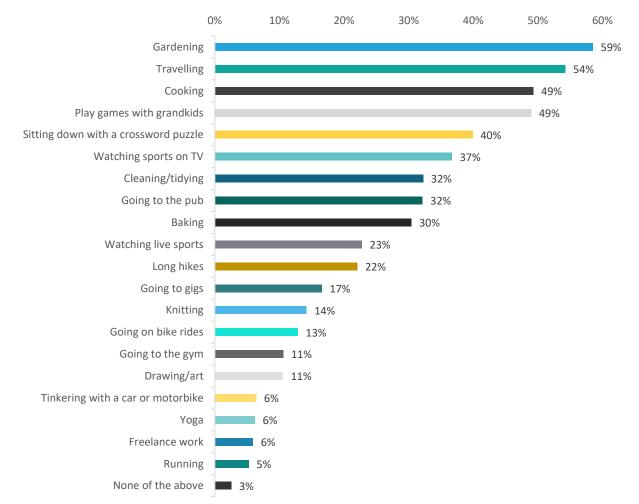
# Acting their age

- Over half (57%) agree that they are not a stereotypical grandparent
  - With 21% strongly agreeing they feel this way
- 12% **disagree** they are not a stereotypical grandparent
- 45% agree that at their age, they've never felt so carefree
  - 1 in 10 (10%) **strongly agreed** they've never felt so carefree
- While almost a quarter (23%) **disagree** they have never felt as carefree as at their current age
- 60% think they personally are doing a good job of **changing people's perceptions of what 'old' people are like** 
  - While 9% say they are not
- 23% **laugh more now** than they did in their 30s and 40s
  - With half (50%) saying there is no difference
- And 21% laugh less now



#### Question:

# Which of the below do you enjoy doing in your spare time?



#### Insight

70%

- 59% of Grandparents polled **enjoy** gardening in their spare time
  - With 54% enjoying travelling
  - And 49% enjoying **cooking**

# **Feeling old**

- If they could be **any age again**, just for a day, on average respondents would want to be **28.66** again
  - Over a fifth (21%) would want to be **0-20**
  - 40% would want to be **21-30**
  - 15% said **31-35**
  - And 24% would want to be **36 or older** again
- Over a third (34%) think their grandchildren see them as old
- With 39% thinking they do not see them as old
- 18% say they do feel 'old'
- With almost three quarters (74%) saying they do not feel old

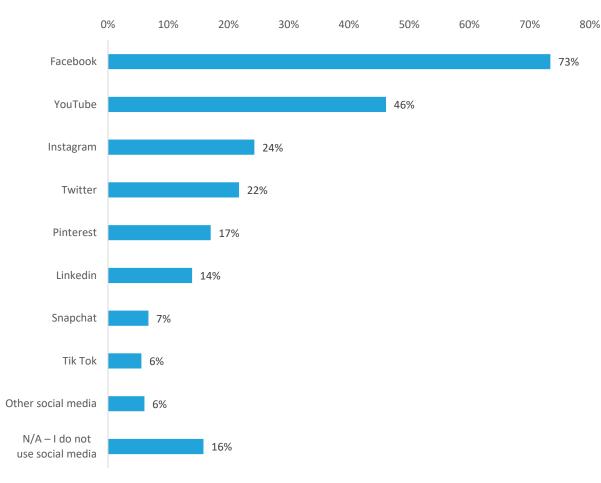
#### Of those who do feel old (n=358):

- On average, respondents started to feel old at 57.72
  - Just under a quarter (23%) started to feel old between the aged of 18-50
  - While 31% started to feel old between the ages of **51-60**
  - 13% felt old from the age of 61-65
  - And 32% only started to feel old when they were 66+



#### Question:

# What social media channels do you use?



### Insight

Instantion of

Almost three quarters (73%) report that they use Facebook

Facebook

- With 46% using YouTube
- 24% using Instagram
- And 22% use Twitter
- While 16% do not use social media



## **Musical tastes**

Of those who listen to music (n=1955):

- Over two thirds (68%) agree that their music taste was shape by rock in the 60s and 70s which influences them to this day
  - With 31% strongly agreeing this is the case
- While 17% **disagree** this influences them to this day
- 39% of Grandparents polled listen to **heavy metal** music
- 60% reported liking The Beatles
- This was followed by:
  - Fleetwood Mac (55%)
  - The Kinks (45%)
  - Elvis Presley (45%)
  - The Rolling Stones (44%)
  - The Who (44%)



## **Outlook on life**

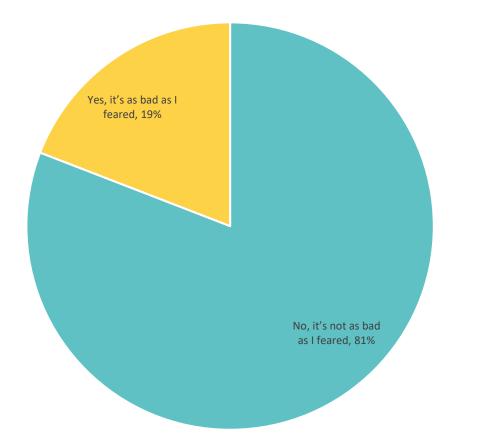
- Three quarters (75%) do not think they are anything like their own grandparents
- With just 8% saying they do think they are
- 39% agree that when they were younger, they were frightened of getting old
  - 12% strongly agree they felt this way
- With 36% **disagreeing** they were frightened of getting old when they were younger
- 59% of respondents remember what life in the 'swinging 60s' was like
- While 32% do not

## Of those who remember what life in the 'swinging 60s' was like (n=1182):

- 43% think the outlook of this time still affects their day-to-day life now
- However, 41% do not think it affects them now

#### Question:

# As you have got older, has the reality turned out as bad as you feared?



### Insight

Of those who were frightened of getting old (n=779):

- Over 8 in 10 (81%) say it's not as bad as they feared
- With 19% saying getting old is as bad as they feared

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## Seeking adventure

- 8% have set up a business since they turned 50
  - With 9% saying they have set up a business, but this was before they were 50
- A fifth (20%) do not run their own business, but are still in work
- 57% of the respondents do not run their own business or work
- Since becoming a grandparent, thinking about the craziest thing they've done when it comes to active pursuits 6% said they've driven a car on a racing circuit/skid pan
- This was followed by:
  - Surfing (2%)
  - Skate boarding (2%)
- When asked about the things they would like to do in life which they haven't yet done, almost half (48%) would **like to see the Northern Lights** 
  - 30% would like to go to far away destinations
  - 27% want to go to **exotic destinations**

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